

LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<p>Meatballs in tomato and basil sauce with penne pasta</p> <p>V. Goat cheese and beetroot burger</p> <p>Garlic bread</p> <p>Summer salad</p> <p>Marble cake with nutmeg cream</p>	<p>Braised Pork and apple sausages</p> <p>V. Mac & Cheese with garlic bread</p> <p>Mash potato, onion gravy & fresh garden peas</p> <p>Lemon bread and butter pudding with vanilla custard</p>	<p>Chinese chicken pieces with yellow rice</p> <p>V. Gluten free 3 cheese pizza</p> <p>Half jacket potato with sweetcorn</p> <p>Iced fruit sponge</p>	<p>Roast turkey crown with trimmings</p> <p>V. Half roast pepper with roasted vegetable cous cous</p> <p>Roast potatoes, seasonal vegetables, gravy & cranberry sauce</p> <p>Apple and red cherry crumble with custard</p>	<p>Battered cod with tartar sauce</p> <p>V. Cheese and tomato basil pasty</p> <p>Pomme frites, peas & baked beans</p> <p>Strawberry cheese cake</p>
WEEK 2	<p>Chicken with black bean sauce</p> <p>V. Roasted goat cheese with mediterranean vegetables</p> <p>White rice & seasonal salad</p> <p>Cornflake cake with strawberry yazoo (school milk approved)</p>	<p>Jacket potatoes served with marinated chicken tikka</p> <p>Tuna Mayonnaise</p> <p>Cheese and beans</p> <p>Summer salad</p> <p>Double choc chip muffin</p>	<p>BBQ chicken wraps</p> <p>V. Cheese and tomato quiche</p> <p>Salsa wedges & baby corn</p> <p>Chocolate sponge jaffa cake</p>	<p>Roast pork loin chop with stuffing & apple sauce</p> <p>V. Roasted vegetable puff pastry tart</p> <p>Roast potatoes, broccoli, carrots & gravy</p> <p>Ginger sponge with custard</p>	<p>Baked salmon and dill fish cakes</p> <p>V. Cheddar cheese and onion pasty</p> <p>Pomme frites & peas</p> <p>Jam doughnut's</p>
WEEK 3	<p>Chicken and sweetcorn pasta bake</p> <p>V. Braised quorn sausage casserole</p> <p>Mixed seasonal vegetables</p> <p>Treacle flapjack</p>	<p>Hunters chicken</p> <p>V. Vegetable and bean chilli</p> <p>White rice, peas & sweetcorn medley</p> <p>Rocky road</p>	<p>D.cut gammon steak with pineapple</p> <p>V. Mushroom stroganoff</p> <p>Vegetable rice, herbie diced potatoes & summer salad</p> <p>Summer trifle</p>	<p>Roast beef and Yorkshire pudding</p> <p>V. Cheesy cauliflower cheese</p> <p>Roast potatoes, cabbage, sliced carrots & gravy</p> <p>Treacle sponge with custard</p>	<p>Battered cod</p> <p>V. Quorn sausages</p> <p>Pomme frites, mushy peas/beans</p> <p>Cherry and chocolate slice</p>

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WEEK 4	Pizza topped with ham and cheese V. Gluten free 3 cheese pizza Curly fries & spaghetti hoops Chocolate sponge and pouring cream	5 oz minute steak V. Vegetable hot pot Half jacket potatoes & peas Jaffa cake flapjack	BBQ chicken drumsticks V. Vegetable fajitas Baked wedges & summer salad Australian crunch	Roast chicken breast with stuffing V. Nut roast Roast potatoes, carrots, peas & gravy Vanilla sponge with custard	Battered cod V. Vegetable lasagne Pomme frites, beans & summer salad Mini milk ice lollies

Please note that pies are served Monday, Wednesday and Friday. Sausage rolls are served Tuesday and Thursday.

Jacket potatoes are served every day with beans and cheese.

Salads are available upon request.

Fresh fruit and thick and creamy yogurts are served every day.

